

## **Safety Protocol for Ardmore Presbyterian Church**

Even if you are fully vaccinated, you should be cautious about attending church if you experience symptoms related to COVID-19. The following are major symptoms for the virus:

**Temperature above 100 degrees • New cough • Shortness of breath • Difficulty breathing • Loss of taste and/or smell • Sore throat • Runny nose • Chills or nausea • Stomach pain or discomfort • Vomiting • Diarrhea • Congestion • New bad headache • Body aches • Extreme fatigue**

We invite you to worship in a way that loves both self and neighbor. If you are experiencing any of the above symptoms, we invite you to please worship online with us at [ardmorepres.org/live](https://ardmorepres.org/live).